Our Mission: To Promote Equitable, Safe and Resilient Communities for all Youth
Dear Community Supporters:

At Resilient Futures, we think about adversity and trauma through the lens of resilience. Trauma is an experience that can leave one feeling hopeless and alone. The Phoenix flower, our logo, reflects resilience through endurance, courage, and the ability to rise under difficult circumstances. This flower can be revived from a completely dehydrated state with just a few drops of water on a shriveled leaf. As an agency we believe in the power of compassion and connection as those drops of water and envision a world where resilience is fostered across all classrooms, schools, and families.

Founded in 2018, Resilient Futures envisions trauma-informed and culturally responsive schools and communities where “what happened to you” matters, connections are as important as curriculum, and everyone is safe. We are a women-owned non-profit with a central belief in the strength of creating meaningful partnerships that can collectively work to help individuals and communities thrive.

As we close our 2018 year, we celebrate the successful ways in which we have shifted cultures from ones that ask “What is wrong with you?” to ones that ask “What has happened to you?” and, more importantly, value diversity and the strength in resilience. We celebrate our effective efforts to support change in communities from within. We celebrate the opportunity to facilitate deep and difficult learning spaces about trauma, equity, implicit bias, and resilience. Finally, we celebrate the privilege of working with our school and community partners as together we are strengthening universal supports for all members of the communities we serve.

With gratitude,

Megan Brennan, Eleonora Cahill, & Laura McArthur

Executive Team
FOSTERING RESILIENCE THROUGH THE HEARTS PROGRAM

HEALTHY ENVIRONMENTS AND RESPONSE TO TRAUMA IN SCHOOLS (HEARTS)

is an award-winning program that aims to promote school success for trauma-impacted children and youth by creating more trauma-informed, safe, supportive, engaging, and equitable learning and teaching environments that foster resilience and wellness for everyone in the school community. The goal of HEARTS is to foster not only individual change and healing, but school-wide change and healing.

THE CRISIS
Unaddressed trauma can impede cognitive, social, and emotional development, which can impair youth academic achievement, behavior, interpersonal skills, and general success in schools.

THE SOLUTION
Implementing a culturally responsive, equity-focused, trauma-informed approach addresses the whole child in areas of academic, social, emotional, and physical health.

OUR SERVICES
We think about trauma through the lens of resilience, focusing on equity and social justice through cultural humility and responsiveness. We aim to foster culture change through building capacity of school personnel to integrate trauma-informed practices with the HEARTS program.
In 2018, Resilient Futures conducted 33 trainings on trauma-informed practices to over 350 educators, reaching 600 children in early education, 800 elementary-age children, 2000 middle school-age children, and over 60 teacher candidates.

100% of participants in the HEARTS (Healthy Environments and Response to Trauma in Schools) training believe it is good for teachers and schools.

"Every teacher should take this training. I personally am going through so much stress in my life and this training has really helped me put things in perspective." - Teacher Candidate

"A trauma-informed classroom may be the safest place students encounter on a daily basis. It is essential that we provide this." - Middle School Teacher

"There are a lot of kiddos even in Early Childhood Education that have experienced trauma, and I feel like being that person for them at their early years can help them later in life." - Early Childhood Educator

"I think that this perspective is necessary for teachers, especially those who have no prior experience with trauma." - Teacher Candidate
COMMUNITY PARTNERS

- Aurora Public Schools
- Cherry Creek Schools
- Denver Great Kids HeadStart
- Glowmundo
- HEARTS, University of California, San Francisco
- Ironclad Fitness
- Jefferson County Public Schools
- Kaiser Permanente, Arts Integrated Resources
- Kaiser Permanente Thriving Schools
- Metropolitan State University of Denver
- National Mental Health Innovation Center
- PassageWorks
- RISE Colorado
- The Denver Foundation
- The Rock Center
- Vega Collegiate Academy
For the 2018 year, Resilient Futures operated under the fiscal sponsorship of PassageWorks Institute.

FINANCIAL OVERVIEW

**REVENUE**

$248,504

**EXPENSES**

$166,500

**NET INCOME**

$82,004
DONORS 2018
THANK YOU!

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Nat’l Christian Foundation
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The Colorado Trust
The Denver Foundation

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Eleonora Cahill (Co-Founder)
Laura McArthur (Co-Founder)

STAFF
JaShawn Rogers (Early Childhood Resilience Specialist)
Anne Stinson (Resilience Specialist)

Please contact us for more information about the extensive services we offer.

(720) 499-1075
info@resilientfutures.us
www.resilientfutures.us